AIR INCLUSIVE PROGRAM from Miami, FL

# **CUBA** & its People

## featuring Trinidad and Havana

SPONSORED BY



K-State Alumni Association April 13-20, 2020

#### **Inspiring Moments**

- Uncover Cuba's heart and soul alongside its charismatic people.
- Connect with Cubans through meaningful encounters and interactions.
- Talk with small business owners and local artists, learning about the path toward entrepreneurship in Cuba.
- Meet artists, musicians, craftsmen and dancers who share their passion and dedication to improving their lives and enhancing Cuban society.
- Ride in an independently owned **1950s convertible** through Habana Vieja.
- Visit the **Pinar del Río** region, gaining insight into life in rural Cuba from teachers and farmers.



### Dear K-State Alumni and Friends,

Our Support for the Cuban People travel program is a carefully planned, immersive experience that delivers meaningful interactions between our travelers and Cuban residents while benefiting civil society. From colonial Trinidad to timeless Havana, we'll provide a rich travel experience that will deepen your appreciation for Cuba and its people.

This seven-night program features a full schedule of activities designed to strengthen connections between our guests and individual Cuban residents. Meet and support independent, small business owners, students, community leaders, artisans, dancers and more who share their personal stories and unique perspectives. Our expert-led excursions offer intimate exposure to privately owned businesses and inspiring community projects, helping you learn more about this island nation's fascinating history, heritage and culture.

This exclusive program, developed by AHI Travel, is operated in accordance with a Support for the Cuban People general license established by the Treasury Department's Office of Foreign Assets Control.

Our extensive network of guides and locals are ready to share their passion for their country with you. Our small groups, limited to 23 travelers, give you a more intimate and enriching journey. Space is limited so we encourage you to make your reservations today!

Sincerely,

Denn Walter

Terin Walters '05 Assistant Vice President of Development and Communications K-State Alumni Association

#### 800-600-2586

#### www.k-state.com

Explore Cuban culture through interaction with local Cuban residents, artists and artisans, musicians, writers and entrepreneurs, which will directly benefit and support the Cuban people. This exclusive program, developed by AHI Travel, is operated in accordance with a Support for the Cuban People general license established by the Treasury Department's Office of Foreign Assets Control pursuant to 31 CFR section 515.574.

#### UNESCO World Heritage

- 1.Old Havana and its Fortification System
- 2. Trinidad and the Valley de los Ingenios
- 3. Urban Historic Center of Cienfuegos
- 4. **Sierra del Rosario** (UNESCO Biosphere Reserve)



## Art | Architecture | Culture | Cuisine | History



#### Day 1 | Miami, Florida | Santa Clara, Cuba | Trinidad

Depart Miami for Santa Clara, Cuba. Upon arrival, transfer to Trinidad and check in to the Iberostar Heritage Grand Trinidad.

Tonight, join your fellow travelers for a festive Welcome Dinner at a local *paladar*, a privately owned and operated restaurant. Enjoy an opportunity to meet and mingle with locals on your first night in Cuba while supporting Cuban entrepreneurialism.

#### Day 2 | **Trinidad**

#### Discovery: Trinidad and Local Life.

This well-preserved Spanish colonial settlement boasts colorful buildings and cobbled streets. During a walking tour, see Plaza Mayor, the Iglesia de la Santísima Trinidad and the Museo de Arquitectura. Pass by the colonial Museo Romántico de Artes Decorativas, followed by a visit to a local home where we will learn about Cuban culture and engage with the family.

Dine on Cuban cuisine over lunch at a paladar.

**Discovery:** *Trinidad's Art Scene.* Explore a bustling arts and crafts market, pausing to chat with Trinidadians about their lives and experiences. Continue to a ceramics workshop to witness local artists making ceramics using pottery wheels and talk with a member of the family who owns the workshop.

Enjoy dinner at your leisure tonight.

#### Day 3 | Trinidad | Cienfuegos | Havana

**Discovery:** *Cienfuegos.* Take a walking tour of French-inspired Cienfuegos, passing Parque Martí and the cathedral, resplendent with French stained-glass windows and striking red bell towers. Visit the Teatro de Cienfuegos to watch an orchestra performance, plus enjoy a meet-and-greet with the musicians who share stories about their training and love for music. Ride aboard an independently owned bike taxi and revel in the picturesque Malecón, French colonial architecture and cobalt-blue bay, followed by a ride through Punta Gorda, an exclusive neighborhood with lavish villas.

Relax over lunch at a *paladar*. During conversations with the venue's owners, learn about the rewards and challenges that come with owning a restaurant in Cuba.

**Discovery:** *La Finca Vigia.* Transfer to Havana. Along the way, tour La Finca Vigia where author Ernest Hemingway wrote nine novels. Meet with locals and gain insights into Hemingway's storied life in Cuba.

Check in to the Meliá Cohiba in Havana.

**Enrichment:** *U.S. and Cuban Relations.* A university professor leads a discussion about the U.S., Cuba and the Cuban economy.

Enjoy dinner at a privately owned paladar.

#### Day 4 | Havana

Enrichment: Urban Planning and the Architectural Challenges in Havana. Cuban



Top: Market, Trinidad | Above: Vintage car, Havana



architect Miguel Coyula discusses contemporary city planning in Havana.

**Discovery:** *Enigmatic Havana.* Begin at Clandestina, an art and clothing store founded by five local women. Talk with the women, learning about their hardships and experiences with owning a female-led business in Cuba. See Plaza de Armas, the Palacio de los Capitanes Generales and the Fountain of Lions in the Plaza de San Francisco. Step into the world of free enterprise at a lively flea market, pausing to interact with local vendors.

Dine on Cuban specialties during lunch while chatting with some of Havana's entrepreneurs.

**Discovery:** *Alley of the Barbers.* Visit Callejón de los Peluqueros, or "Alley of the Barbers." Following the lead of Gilberto Valladares Reina, many local Cubans have become successful in their private businesses. Walk along the alley, visiting entrepreneurs in their stores.

Continue to Casa de la Cultura, an inspiring community center committed to promoting art, culture and literature within Cuba. Interact



Contemporary dance studio, Havana

#### Left: Bicycle taxi touring Cienfuegos

with staff and meet children who hone their talents through the center's many workshops.

Savor Cuban cuisine over dinner at a paladar.

#### Day 5 | Havana

**Discovery:** *In-Depth Havana.* The streets of Havana are filled with vintage American convertibles that were imported before the U.S. trade embargo began in 1960. Climb aboard an independently owned car and drive through Havana's historic quarter while chatting with your driver. Learn how the cars are maintained and peak beneath the hood!

Continue to a contemporary dance studio for a behind-the-scenes look into Cuba's dance community. Meet a few of the dancers and learn about their experiences as they share personal stories. Witness their remarkable talents during a dance rehearsal.

Dig into a delicious meal at a paladar.

**Discovery:** *Higher Education and Dance.* Tour the grounds of the University of Havana and discuss higher education with a school representative. Then join an intimate gathering with local dancers. Each has been a member of Cuba's esteemed dance troupes and now they are teachers embracing their passions.

#### Day 6 | Havana

**Discovery/Enrichment:** *Contemporary Art in Cuba.* Learn about contemporary Cuban artists and their work. Visit the National Museum of Fine Arts, featuring a collection of art dating from the 17th century.

**Discovery:** *Inside an Art Studio*. Discover Cuba's art culture at Casa Fuster, home and studio of artist Jose Fuster. Admire vibrant mosaics and talk with a local artist about his work and the opportunities for artists in Cuba. Sit down to a group lunch at Casa Fuster.



Casa Fuster, Havana



**Discovery:** *Fábrica de Arte Cubano.* Visit Fábrica de Arte Cubano, an art gallery and performance space brimming with artists who are passionate about promoting Cuban art. View the galleries and talk with local artists about their experiences.

#### Day 7 | Pinar del Río

**Discovery:** *Rural Cuba.* Venture into the countryside where the cadence of daily life is a little bit slower. Your scenic drive takes you to Las Terrazas, a model socialist community established in the 1980s. Walk through the community, visit an elementary school, savor Cuban coffee at Maria's Cafe and browse a local art studio. During meaningful and intimate interactions, these locals will provide personal insights that will broaden your understanding about life in Cuba.

Lunch is served at an eco-restaurant, and the restaurant's chef leads a discussion about organic agricultural in Cuba.

Gather for a Farewell Dinner at a familyowned *paladar*.

#### Day 8 | Havana | Miami, Florida

Transfer to the airport for the return flight to Miami, Florida.

**Note:** This itinerary is subject to change. If an event must be canceled, it will be replaced with another Support for the Cuban People event.



Elementary schoolchildren

#### Accommodations

(with baggage handling)

- **2 nights** in Trinidad, Cuba, at the first-class Iberostar Heritage Grand Trinidad.
- **5 nights** in Havana at the first-class Meliá Cohiba.

#### **Flights and Transfers**

 Round-trip flights between Miami and Cuba and all deluxe motor coach transfers during the Land Program, plus baggage handling.

#### **Extensive Meal Program**

- 7 breakfasts, 6 lunches and 5 dinners, including Welcome and Farewell Dinners; tea or coffee with all meals, plus a local beverage with dinner.
- Opportunities to sample authentic cuisine and local flavors.

#### Your One-of-a-Kind Journey

- Expert-led **Enrichment programs** enhance your insight into Cuba's history, heritage and culture.
- **Discovery excursions** provide meaningful connections with small business owners and individual Cuban residents who share their personal stories and unique perspectives.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of local guides and drivers.
- Cuban visa.
- Complimentary travel mementos.

#### - A Note About Activity Levels

We want you to have a comfortable and enjoyable experience. That's why we have rated all of our excursions with activity levels to help you assess this program's physical expectations. Depending on the excursion, more leisurely alternatives may be available. Please call or visit our website to review the itinerary for full details about our activity levels.

# Excursions on this program require:

- walking on cobblestones, unpaved paths or uneven surfaces
- getting on and off motor coaches

#### **AHI Travel Expertise**

From your reservation to your return home, we are here to ensure you have the adventure of a lifetime.

#### Before you go:

- Travel Consultants | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- ► **Passenger Service Representative** | Once you have reserved your spot, enjoy personalized assistance from this specialist, your one point of contact who will help you with everything from arranging flights to booking elective activities to fulfilling special requests.
- Travel Information | Receive extensive destination information and travel tips compiled by our travel-savvy team to prepare you fully for your journey.

#### Once you arrive:

On the ground, three layers of top-quality professionals offer their insiders' perspective. From suggesting the best café or pub to sharing a laugh over the stories of the day, our dedicated team takes your adventure to the next level.

- Travel Director | Throughout your journey, you will be in the care of a seasoned AHI travel professional who will manage all the logistics, allowing you to relax and simply soak up the ambience. Resourceful, knowledgeable and attentive, your Travel Director helps to ensure you enjoy an unforgettable travel experience.
- ▶ Expert Guides | Who better to show you around than the people who live there? We've specially selected informed and enthusiastic local professional guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.
- ► Lecturers | Coming from all walks of life, our entertaining local lecturers open your eyes to history and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.







MELIÁ COHIBA | HAVANA

Our travel experts have selected these first-class properties, each in a prime location, for your comfort. Details in the design and décor celebrate Cuba's local culture and enhance the ambience of each hotel. Their restaurants feature menus of local and international cuisine. Of utmost importance is the quality of the services, amenities and accommodations, allowing you to maximize the enjoyment of your stay.

| Reserve your Cuban adventure today!   |   |  |                      |                   |  |
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| Trip #:4-25811W   |   |  |                      |                   |  |
| i L   |   |  |                      |                   |  |
| Send to: Cuba & its People<br>K-State Alumni Association  |   |  |                      |                   |  |
|   | 100 Alumni Center<br>1720 Anderson Avenue |  |                      |                   |  |
| Manhattan, KS 66506-1001  |   |  |                      |                   |  |
| Phone: 785-532-6260 Toll Free: 800-600-2586   |   |  |                      |                   |  |
| Please contact AHI Travel at <b>800-323-7373</b> with questions regarding this trip or to make a reservation.   |   |  |                      |                   |  |
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| Sharing with (Form sent separately)   |   |  |                      |                   |  |
| This is an air-inclusive program between Miami, FL, and Cuba.   |   |  |                      |                   |  |
| □ I/we reserve the Land & Air Program and request round-trip flight(s) to and from  |   |  |                      |                   |  |
| Miami, FL, to depart from:  |   |  |                      |                   |  |
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| Departure City  |   |  |                      |                   |  |
| □ Please contact me regarding air options.  |   |  |                      |                   |  |
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| Single Accommodations   |   |  |                      |                   |  |
| I request assistance in securing a roommate but will accept a single, if one is   |   |  |                      |                   |  |
| available at this time, and pay the single supplement. Should a roommate be found, I understand the supplement will no longer apply.  |   |  |                      |                   |  |
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| Reservations are subject to availability and processed on a first-come, first-served basis. Reservations to be paid in full by <b>January 29, 2020</b> (75 days prior to depar-   |   |  |                      |                   |  |
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#### LAND & AIR PROGRAM April 13-20, 2020

#### Full Price \$5,245

#### Special Savings

\$250

Special Price\* \$4,995

\*Special Price valid if booked by the date found on the address panel. All prices quoted are in USD, per person, based on double occupancy and include round-trip air service between Miami to Cuba.

Single accommodations are an additional \$795 (limited availability).

#### ULTIMATE FLEXIBILITY-The AHI Travel Passenger Protection Plan offers an **Any Reason Cancellation** feature. Don't worry! Travel happy!

NOT INCLUDED-Fees for passports; personal gratuities; laundry and dry cleaning; excursions, wines, liquors, mineral waters and meals not mentioned in this brochure under included features; travel insurance; airport transfer costs for those not participating in AHI's FlexAir; all items of a strictly personal nature. MOBILITY AND FITNESS TO TRAVEL-The right is retained to decline, to accept or to retain any person as a member of this trip who, in the opinion of AHI Travel is unfit for travel or whose physical or mental condition may constitute a danger to themselves or to others on the trip, subject only to the requirement that the portion of the total amount paid which corresponds to the unused services and accommodations be refunded. Passengers requiring special assistance, including without limitation those who permanently or periodically use a wheelchair, must be accompanied by someone who is fit and able to assist them, and who will be totally responsible for providing all required assistance.

AIR TRANSPORTATION-The price of scheduled, commercial air transportation offered by AHI Travel is based on Advance Purchase Excursion fares. After tickets are issued, penalties up to 100% of the ticket price may be levied. After departure, if the reservations are changed, you will be charged the higher, all year Economy class fare. Passengers who choose to make their own airline reservations independently will be wholly responsible for any airline fees or penalties incurred as a result of program cancellation and/or change in travel dates, or airline schedule(s).

BAGGAGE In Miami, two checked-in bags are allowed. Outbound from U.S. to Cuba, the baggage fee is \$25 for the first bag, \$40 for the second. Return to U.S.: No baggage fees. Each checked bag is limited to 50 lbs and 62 inches dimension (length + width + height). \$100 fee for a bag 51 to 70 lbs. No bag may weigh more than 70 lbs. These terms are subject to change.

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CANCELLATION -All cancellations for any reason will be subject to a \$300 per person administrative fee. You may choose, at the time of cancellation, to apply the withheld administrative fee to a future AHI Travel program that will operate in the current calendar year or year following. The credit will be applied to the final billing and may not be used as part of the initial deposit. It is non-transferable and is not valid toward the purchase of an AHI Cruises independent cruise. Cancellation from 120 days to 76 days prior to departure will result in forfeiture of 15% of the entire cost of the trip. Der person; 75-30 days, 50% of the trip cost per person; cancellation from 29 days up to the time of departure will result in 10% forfeiture of the entire cost of the trip. TRIP CANCELLATION INSURANCE IS AVAILABLE. AN APPLICATION WILL BE SENT AFTER YOU RESERVE. All cancellations must be submitted in writing to AHI Travel. CANCELLATION OF TRIP OP-TIONS-Purchases of optional excursions, trip extensions and additional hotel nights become fully non-refundable 45 days prior to departure. Air transportation and private transfer purchases are subject only to penalties assessed by the airlines and transfer suppliers.



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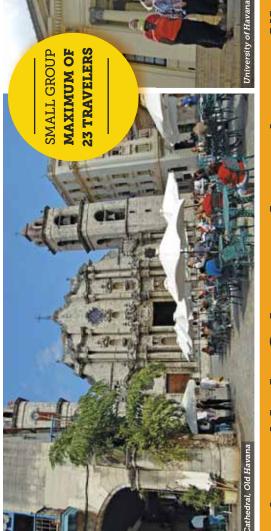
State Alumni Association

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Manhattan, KS 66506-1001

720 Anderson Avenue

800-600-2586 www.k-state.com



<u>Make meaningful connections with the Cuban people on a journey like no other!</u>

Please call or refer to our website for the most current program information, discounts and pricing.

AHI Travel's mission is to deliver inspirational educational and cultural travel programs that delight travelers. *With AHI you can rely on*:

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- Experienced Travel Directors who attend to every detail of your journey.
- An exceptional travel value.
- Unique access to local sites.
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- Safety and security.



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